

GRADUATE MOVEMENT FOR THE ACTOR 3

CRN XXXXX TPP 6517, 2 Credits

Instructor: Lee Soroko

Class Time: T/R 9:00-10:50AM

Room:

AL 130

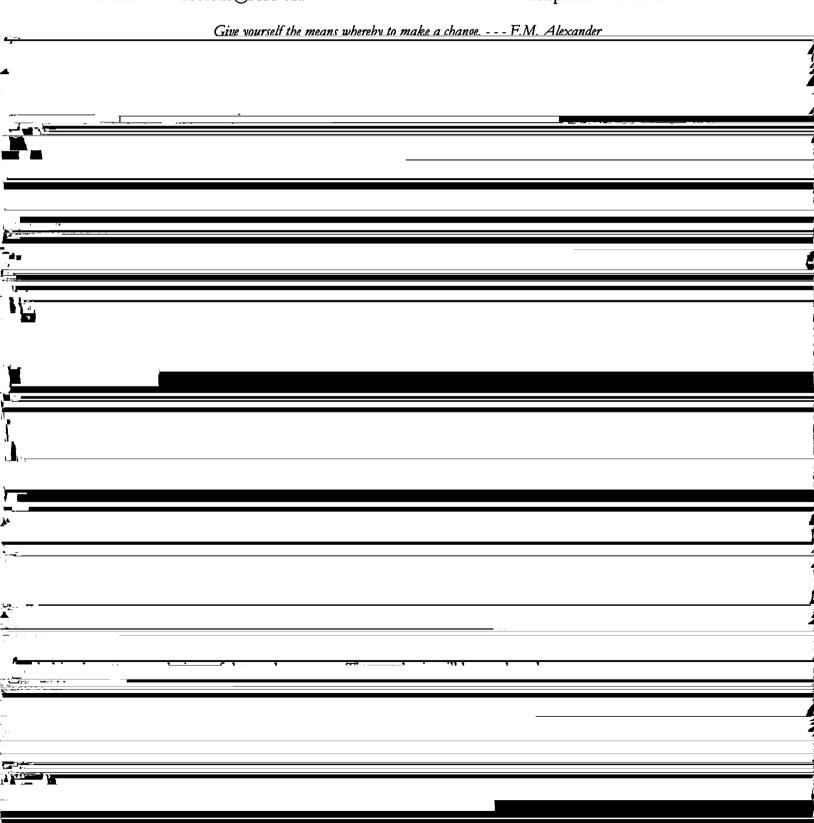
E-mail:

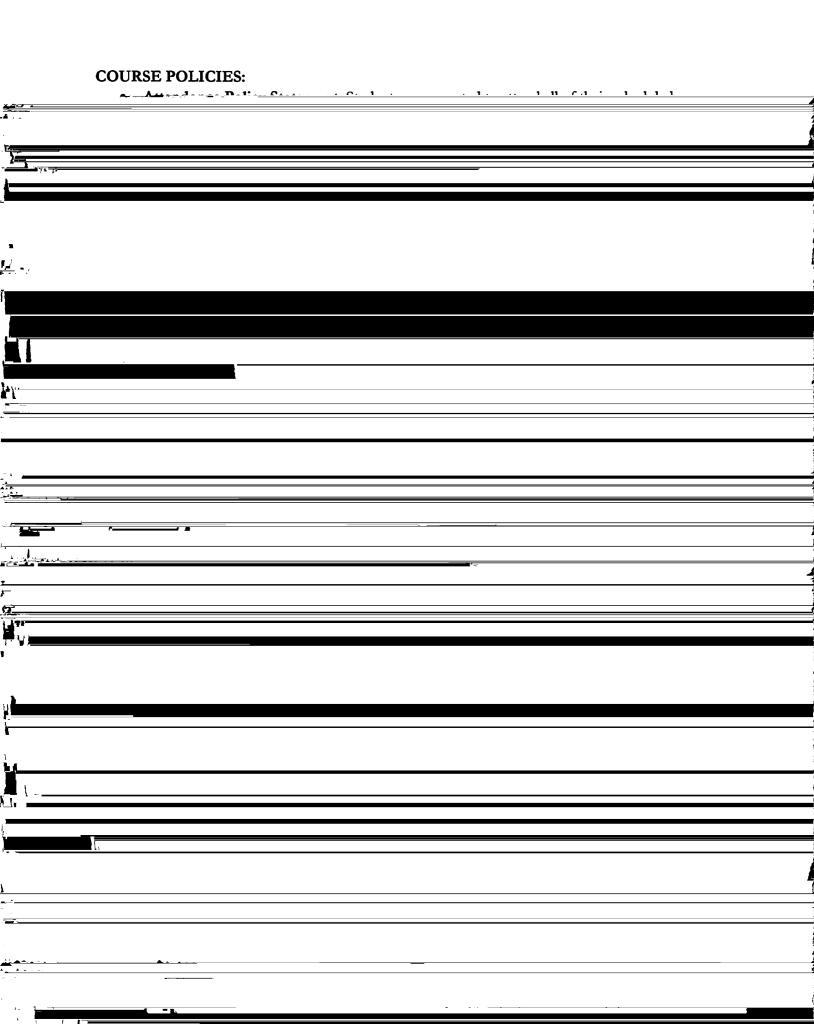
LSoroko@FAU.edu

Office Location: AL 164 Office Hours: 2:30-3:30PM

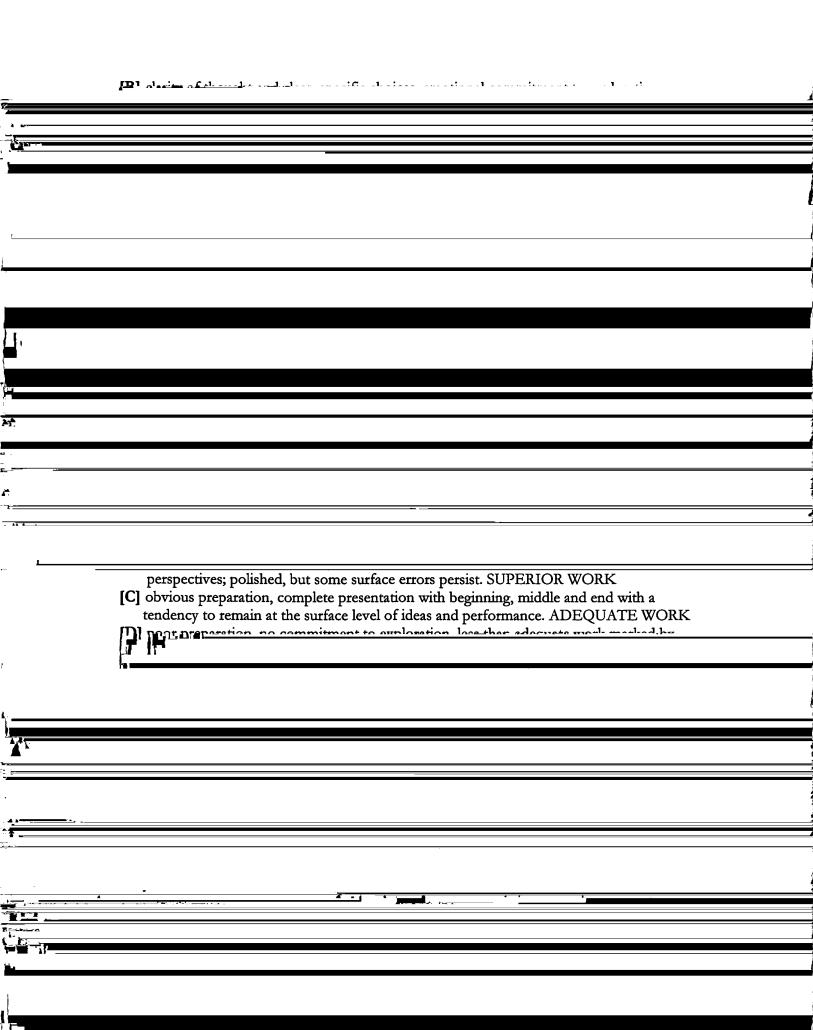
and Friday 3:30-4:30

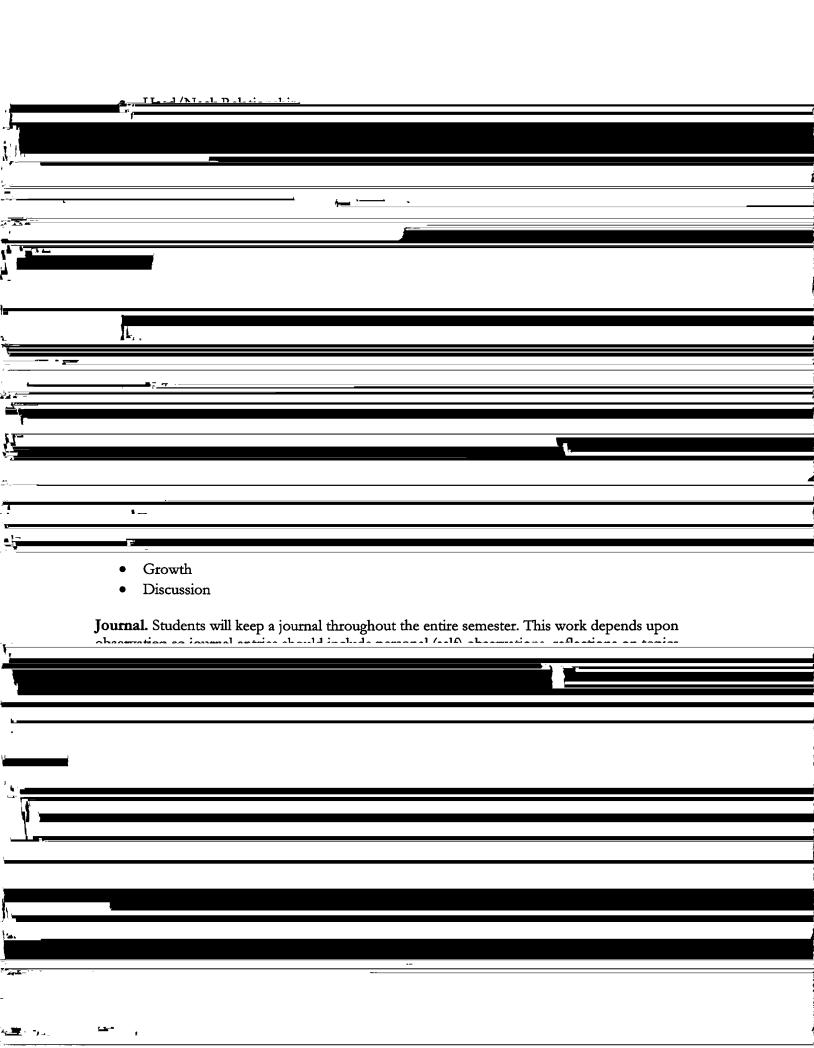
Telephone: 561.287.2983





will result in a significant deduction of your grade for this assignment. For MLA help visit http://owl.english.purdue.edu/handouts/research/r mla.html#General. It is understood that [A] level written work operates from a supported thesis statement where seminal points are buttressed by textual support. It is your responsibility to retain an e-copy of all written work for this course. • E-mail. Be advised that I do not check e-mail after 3:00PM on Friday. E-mail is impersonal and I can better help you succeed in person so please take advantage of this and see me during my scheduled office hours or by appointment. Touch. There is physical contact required in this course. Students should expect to be touched at various times in the semester by other students and by me. This physical contact is never intended to be sexual in nature nor demean the student in any way. I will always ask





Week 3

Recognition of Habit

Holding tension in the Chest/Ribs

Weight and direction

Week 4

Mapping the ribs, shoulders, and arms

Arm sequencing Animal poses

Week 5

Constructive rest Tension and the pelvis

Centering
The legs
Standing

Week 6

Legs/Pelvis continued - Lunging

The knee and ankle

The feet Walking

Review pages 35-24 of Body Learning (Use and functioning)

Week 7

Observation and Awareness

Exploring kinesthetic awareness through outdoor activities

Recognition of Habit Revisited Observation and Awareness

Week 8

Suspension and Support

Review pages 35-41 of Body Learning (Use and Functioning)

Kinesthetic Experience

Week 9

Primary Control

•	Exploring the pause between stimulus and response
	Direction
	Exploring the art of walking
	Review pages 68 – 78 of Body Learning (Direction)
Week 12	
	Means Whereby
	Doing and non-doing
	Recognizing Endgaining
	Review pages 79 – 86 of Body Learning (Ends and Means)
	Direction
	Read pp. 139-142 of Body Learning (The Alexander work and
	organizational change)
Week 13	
	The Art of Breathing Revisitied
	pplication of A T principles to deibs activities
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	Alexander and the Monologue (Adjustment while performing)
Week 14	Alexap don and the Manalance (A directment while newforming)
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Wools 15	

Alexander and the Monologue (Adjustment while performing)

FINAL EXAM