



NEW COURSE PROPOSAL

Graduate Programs

UGPC Approval _____
UJES Approval _____

Course No.	Course Title	Prerequisites	Credits
1001	Introduction to Graduate Studies	None	3
1002	Advanced Research Methods	1001	3
1003	Special Topics in [Field]	1002	3
1004	Thesis Writing	1003	3
1005	Final Project	1004	3

Course No.	Course Title	Prerequisites	Credits
2001	Advanced Topics in [Field]	1005	3
2002	Research Seminar	2001	3
2003	Professional Development	2002	3
2004	Industry Internship	2003	3
2005	Capstone Project	2004	3

GRADUATE MOVEMENT FOR THE ACTOR 3

CRN XXXXX TPP 6517, 2 Credits

Instructor: Lee Soroko

Class Time: T/R 9:00-10:50AM

Room: AL 130

E-mail: LSoroko@FAU.edu

Office Location: AL 164

Office Hours: 2:30-3:30PM
and Friday 3:30-4:30

Telephone: 561.287.2983

Give yourself the means whereby to make a change. --- F.M. Alexander

COURSE POLICIES:

Attendance Policy: Students must attend at least 75% of class sessions to pass the course.

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will result in a significant deduction of your grade for this assignment. For MLA help visit http://owl.english.purdue.edu/handouts/research/r_mla.html#General. It is understood that [A] level written work operates from a supported thesis statement where seminal points are buttressed by textual support.

- It is your responsibility to retain an e-copy of all written work for this course.
- **E-mail.** Be advised that I do not check e-mail after 3:00PM on Friday. E-mail is impersonal and I can better help you succeed in person so please take advantage of this and see me during my scheduled office hours or by appointment.
- **Touch.** There is physical contact required in this course. Students should expect to be touched at various times in the semester by other students and by me. This physical contact is never intended to be sexual in nature nor demean the student in any way. I will always ask

[B] clear, thoughtful and detailed analysis; excellent organization and presentation

perspectives; polished, but some surface errors persist. SUPERIOR WORK

[C] obvious preparation, complete presentation with beginning, middle and end with a tendency to remain at the surface level of ideas and performance. ADEQUATE WORK

[D] poor preparation, no commitment to exploration, less than adequate work marked by

- Growth
- Discussion

Journal. Students will keep a journal throughout the entire semester. This work depends upon observation so journal entries should include personal (self) observations, reflections on topics

Week 3

Recognition of Habit
Holding tension in the Chest/Ribs
Weight and direction

Week 4

Mapping the ribs, shoulders, and arms
Arm sequencing
Animal poses

Week 5

Constructive rest
Tension and the pelvis
Centering
The legs
Standing

Week 6

Legs/Pelvis continued - Lunging
The knee and ankle
The feet
Walking
Review pages 35-24 of *Body Learning* (Use and functioning)

Week 7

Observation and Awareness
Exploring kinesthetic awareness through outdoor activities
Recognition of Habit Revisited
Observation and Awareness

Week 8

Suspension and Support
Review pages 35-41 of *Body Learning* (Use and Functioning)
Kinesthetic Experience

Week 9

Primary Control

~~Exploring the pause between stimulus and response~~

Direction
Exploring the art of walking
Review pages 68 – 78 of *Body Learning* (Direction)

Week 12

Means Whereby
Doing and non-doing
Recognizing Endgaining
Review pages 79 – 86 of *Body Learning* (Ends and Means)
Direction
Read pp. 139-142 of *Body Learning* (The Alexander work and organizational change)

Week 13

The Art of Breathing Revisited
~~Application of A.T. principles to daily activities~~

Alexander and the Monologue (Adjustment while performing)

Week 14

~~Alexander and the Monologue (Adjustment while performing)~~

Week 15

Alexander and the Monologue (Adjustment while performing)

FINAL EXAM