## Environmental Health & Safety

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## 6. What are the symptoms of avian influenza in humans?

People infected with the current strand of the avian virus (H5N1) have shown everything from typical human influenza-like symptoms (fever, cough, sore throat, and muscle aches) to pneumonia, severe respiratory diseases, and other life-threatening complications. Symptoms of avian influenza may depend on which specific virus subtype and strain caused the infection

## 7. How is avian influenza in humans treated?

Supportive care is important, as it is for annual influenza. Laboratory studies suggest that two prescription medicines approved for human influenza viruses, Tamiflu<sup>™</sup> and Relenza<sup>™</sup>, may work in treating avian influenza infection in humans. Since influenza viruses can become drug resistant, clinical

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