

# Ethan Exercise

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## EDUCATION

### **Bachelor of Science in Exercise Science and Health Promotion**

*Florida Atlantic University*

GPA: 3.6/4.0

Expected May 20XX

Boca Raton, FL

## RELEVANT COURSEWORK

Nutrition in Health and Exercise

Obesity: Biological, Psychological and Cultural  
Factors

Substance Abuse

Health Promotion

Stress Management

Perspectives in Health and Wellness

Fitness Assessment and Exercise Prescription

## CERTIFICATIONS

**CPR Certified**, May 20XX

## PROFESSIONAL EXPERIENCE

### **Nutritionist Intern**

*Boca Wellness and Nutrition Services*

January 20XX – Present

Boca Raton, FL

Administer nutrition assessments for clients under the supervision of a licensed dietician

Provided basic nutrition counseling including suggested dietary restrictions and nutritional principles for healthier eating habits

Present nutritional education material for groups of students aged 5 – 17

Update client records regularly in order to accurately keep track of nutritional progress

Arrange personalized dietary plans for clients to be approved by a licensed dietician

### **Activity Leader**

*Fort Lauderdale American Diabetes Association*

May 20XX – July 20XX

Fort Lauderdale, FL

Supervised and monitored camper health in collaboration with physicians, nurses, and dieticians

Directed skill-building ventures for campers with diabetes with the goal of educating them on the management of diabetes within outdoor environments

Responded to problems among camp members through conversation, mediation and team-building exercises

### **Spa Assistant**

*A Center for Alternative Medicine and Spa*

June 20XX – March 20XX

Deerfield Beach, FL

Ensured all operations complied with the health, safety, and hygiene standards of the business

Updated inventory of spa products and ordered essential supplies as needed

Managed guest questions and requests with a professional and courteous attitude

Educated customers about the wellness services provided in order to cater to their specific needs

## COMMUNITY INVOLVEMENT

**Childcare Volunteer** - *Atorkor Development Foundation*, Ghana

December 20XX

**Kitchen Volunteer** - *Boca Helping Hands*, Boca Raton, FL

May 20XX – Present