



Campus Recreation Programs, Services, and Facilities Survey

Sent and available to Recreation and Fitness Center Users

Please indicate the frequency with which you use the Recreation & Fitness Center:

- 5 or more times per week
- 3 to 4 times per week
- 1 to 2 times per week
- 1 to 2 times per month
- 1 to 2 times per semester
- Never

Cardiovascular Equipment

Do you use Cardiovascular Equipment on a weekly basis when you visit the Recreation and Fitness Center?

- Yes
- No

On average, how many minutes do you spend using the Cardiovascular Equipment per week?

- Less than 30 minutes per week
- 30 to 59 minutes per week
- 60 to 89 minutes per week
- 90 minutes or more per week

How satisfied are you with:

Very
dissatisfied Dissatisfied

The ability to use the cardio equipment when
you need it

How should the free weight equipment area be improved?

How satisfied are you with:

	Very dissatisfied	Dissatisfied	Neither satisfied nor dissatisfied	Satisfied	Very satisfied
The cleanliness of the locker rooms					
The availability of day use lockers					

How should we improve the locker rooms?

Recreation and Fitness Center

	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	NA/No basis to judge
The Rec & Fitness Center is clean						
The Rec & Fitness Center is well maintained						

Student Staff

The student staff members:

	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	NA/No basis to judge
Are consistently welcoming and courteous						
Are readily available and willing to help when assistance is needed						
Are professional in their interactions with co-workers and patrons						
Consistently enforce policies and procedures when necessary						
Communicate information in a style and tone that is appropriate for a given situation						

Comments on the student staff

OVERALL RATING OF PROGRAMS, SERVICES, & FACILITIES

Overall, I would recommend campus recreation programs, services, and facilities to others:

Strongly agree

Agree

Disagree

Strongly disagree

NA, No basis to judge

Potential Future Programs

If an Outdoor Adventure program were started, would you be interested in participating?

Yes

No

What types of skills/clinics would you be interested in participating in if they were offered? (select all that you would be interested in)

Backpacking

Canoeing/Kayaking

Rock Climbing

Horseback Riding

Mountain Biking

Wilderness First Aid

Bike/Car Maintenance

Orienteering

Leave No Trace Training

Geocaching

Other

**Please
specify**

Are there any places you would like the Outdoor Adventure Program to visit?

Instructional programs teach students a new skill or activity in a fun, safe learning environment with experienced instructors. Classes typically last 6 - 8 weeks and require a small fee.

Which of the following instruction programs would you be interested in participating in? (select all that apply)

- CPR/First Aid
- Belly dancing
- Swimming lessons
- Ballroom dancing
- Ballet dancing
- Jazz dancing
- Salsa dancing
- Other

Please specify other instructional program of interest

Barriers to Participation

If you have not used the facility as much as you intended to, which of the following were the reasons?

- I was not aware of facilities, programs, or services offered
- I do not like to exercise
- I was injured or disabled
- I did not have time to make use of facilities, programs, or services offered
- Child care was not available
- Lack of parking
- Facilities do not have the equipment I want/need
- Facilities are too crowded
- Lack of privacy
- I do not know how to use the equipment
- I use facilities off campus
- Other

Please specify

What types of recreational facilities are you currently using? (select all that apply)

- Local health clubs
- Facilities at your place of employment (non FAU facilities)
- County or city parks and recreational facilities
- Home equipment
- Outdoors (running, biking, etc.)
- Other, please specify
- None

**Please specify other facilities
you currently use**

If you have a membership at a local health club or other public facility, what are your monthly dues?

- Under \$25 per month
- \$25-\$49 per month
- \$50-\$74 per month
- \$75-\$99 per month
- \$100 or more per month

What changes could we make to campus recreation programs, services and facilities that would increase your likelihood of utilizing on campus offerings?

What is your preferred method of learning about special events, programs, and facilities offered through FAU Campus Recreation?

- FAU website
- E-mail updates/listservs
- Signage through campus
- Magazines or other brochures
- Breezeway tables
- Word of mouth
- Facebook
- Other

**Please
specify**

Demographics

What is your primary FAU campus (the campus where you take the majority of your classes)?

Boca Raton

Dania Beach (Seatech)

Davie

Fort Lauderdale

Harbor Branch

Jupiter

Treasure Coast (Port St. Lucie)

Gender

Male

Female

Outcomes of Campus Recreation

Please indicate your agreement with the following items

	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
Use of campus recreation programs, services and facilities has expanded my interest in staying fit and healthy					
Campus recreation programs, services, and facilities contribute to the quality of life at FAU					
My recreational needs are met by the Department of Campus Recreation					
Participation in recreational activities has provided me with skills and abilities that I will use after college.					

Using the scale below, please rate the impact using campus recreation programs, services, and facilities has had on the following abilities and attributes:

Use of campus recreation programs, services, and facilities, has lead to an increase in:

	Definitely	Somewhat	Not at all
Fitness level			
Balance/coordination			

Very important Moderately important Slightly important Not at all important

How important were recreation, sports, and fitness activities to you BEFORE you enrolled at FAU?

How important will recreation, sports, and fitness activities be to you AFTER YOU LEAVE FAU?

How important was maintaining a healthy lifestyle BEFORE you enrolled at FAU?

How important will it be to you to maintain a healthy lifestyle AFTER YOU LEAVE FAU?

Would you like to be contacted by Campus Recreation staff to discuss specific concerns? (If yes, please be certain to include your e-mail address or phone number below)